





**Ebenezer**

CHILD CARE FROM THE HEART

**August 2024**

**Breakfast/Snack Menu**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<i>August</i>		<b>All breakfasts are served with unflavored milk. Children ages two and above receive skim milk, children under two receive whole milk.</b>		1 WG Bagel w/ Sunflower Butter Mandarin Oranges  Fresh Veggies w/Dip Oyster Crackers	2 Bran Flakes Peaches  Fresh Fruit WG Sunchips	3
4	5 WW English Muffin Pineapple  Tortilla Chips Salsa & Cheese	6 Corn Flakes Pears  Bean Dip w/ WG Pita Chips	7 Pancakes Applesauce  WG Goldfish Crackers & Milk	8 WG Toasted Oats Cereal Mixed Fruit  Baby Carrots String Cheese	9 Banana Muffins Apricots  Lady Bug Apple WG Cheez Its	
11	12 WW Waffles w/Syrup Applesauce  Fruit w/ Yogurt WG Toasted Oats (dry)	13 WG Kix Cereal Pineapple  WG Turkey Roll Ups Yogurt	14 WW Toast w/ Jelly Fresh Fruit  Pumpkin Muffins Milk	15 WG Rice Chex Apricots  Cucumbers w/ Dip Oyster Crackers	16 WG Biscuits Pears  Cheese & Saltine Crackers	17
18	19 WG Toasted Oats Cereal Peaches  WG Graham Crackers Milk	20 WW Cinn/Raisin Toast Pineapple  Fresh Veggies WG Cheez It Crack-	21 WG Bagel w/ Sunflower Butter Bananas  Bologna Sandwich Milk	22 WG Corn Chex Apricots  Blueberry Muffins Milk	23 WW Eng Muffin w/Jelly Fruit Cocktail  Fresh Fruit WG Sunchips	24
25 	26 Scrambled Eggs Pears  Animal Crackers Milk	27 WG Rice Chex Crisp Rice Cereal Bananas  Fruit & Yogurt Saltine Crackers	28 Zucchini Bread Peaches  Soft Pretzels w/ Cheese Dip	29 <b>Centers Closed</b>  <b>Professional De- velopment Days</b>	30 <b>Centers Closed</b>  <b>Professional De- velopment Days</b>	31






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**August 2024**

**Lunch Menu**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<p><b>All lunches served with unflavored milk. Children ages two and above receive skim milk, children under two receive whole milk.</b></p>		<p><b>1</b> Chicken Pot Pie w/ Vegetables WW Bread/Butter Fresh Fruit</p>	<p><b>2</b> Beef &amp; Noodle Casserole Broccoli Pineapple Tidbits</p>	<p><b>3</b></p>
<p><b>4</b></p>	<p><b>5</b> Scalloped Potatoes w/ Ham Green Peas WW Bread/Butter Apricots</p>	<p><b>6</b> Chicken Lasagna Green Beans Soft WW Bread Stick Mandarin Oranges</p>	<p><b>7</b> Sloppy Joes on WW Buns Mixed Vegetables French Fries Pears</p>	<p><b>8</b> Quiche Broccoli WW Bread/Butter Fresh Fruit</p>	<p><b>9</b> WW Bologna Sandwich Cucumber Coins Baked Potato Chips Peaches</p>	
<p><b>11</b></p>	<p><b>12</b> Ziti Noodle Casserole w/ Beef Carrots Fruit Cocktail</p>	<p><b>13</b> Tuna Melt on WW Bun Garden Peas Peaches</p>	<p><b>14</b> Mexican Chicken &amp; Rice Refried Beans Garden Salad Mandarin Oranges</p>	<p><b>15</b> Meatloaf Mashed Potatoes Mixed Vegetables WW Bread/Butter Pineapple</p>	<p><b>16</b> Baked Ham Golden Corn WW Bread/Butter Fresh Fruit</p>	<p><b>17</b></p>
<p><b>18</b></p>	<p><b>19</b> Turkey Noodle Soup WW Cheese Sandwich Carrots Pears</p>	<p><b>20</b> Fish Patty on WW Bun Oven Browned Potatoes Broccoli Fruit Cocktail</p>	<p><b>21</b> Tator Tot Casserole Peas WW Bread/Butter Mandarin Oranges</p>	<p><b>22</b> Chicken Salad on WW Bun Celery Sticks Apple Slices</p>	<p><b>23</b> Meatballs w/Gravy Spiral Noodles Green Beans Peaches</p>	<p><b>24</b></p>
	<p><b>26</b> WG Bagel Pizza w/ Cheese Garden Salad Fresh Fruit</p>	<p><b>27</b> Chicken &amp; Broccoli Alfredo Carrots WW Bread Sticks Pears</p>	<p><b>28</b> WG Beef Burrito Chips &amp; Salsa Corn Fruit Cocktail</p>	<p><b>29</b> <b>Centers Closed</b>  <b>Professional Development Days</b></p>	<p><b>30</b> <b>Centers Closed</b>  <b>Professional Development Days</b></p>	