






**Ebenezer**

CHILD CARE FROM THE HEART

# May 2024

## Breakfast/Snack Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			<p><b>1</b> WG Banana Pancakes Applesauce  Bean Dip w/ Cheese</p>	<p><b>2</b> WG Kix Cereal Mandarin Orange es</p>	<p><b>3</b> Blueberry Muffins Peaches  Pretzels</p>	
<p><b>5</b> </p>	<p><b>6</b> Cream of Wheat Pears</p>	<p><b>7</b> WG Rice Chex Pineapple  Cheese Quesadilla WG Milk</p>	<p><b>8</b> Cinnamon WW Toast Mixed Fruit  Yogurt Apple Slices</p>	<p><b>9</b> Bagels w/ Sunflower Butter Mandarin Orange</p>	<p><b>10</b> Bran Flakes Peaches</p>	<p><b>11</b></p>
<p><b>12</b></p>	<p><b>13</b> WW English Muffin Pineapple</p>	<p><b>14</b> Corn Flakes Pears  Bean Dip w/ WG Pita Chips Milk</p>	<p><b>15</b> WG Pancakes Applesauce  WG Goldfish Crackers 100% Pineapple Juice</p>	<p><b>16</b> WG Toasted Oats Cereal Mixed Fruit  Baby Carrots String Cheese</p>	<p><b>17</b> Banana Muffins Apricots</p>	<p><b>18</b></p>
<p><b>19</b></p>	<p><b>20</b> WW Waffles w/Syrup Applesauce  Fruit w/ Yogurt WG Ritz Crackers</p>	<p><b>21</b> WG Kix Cereal Pineapple  Turkey Roll Ups WG 100% Fruit Punch Juice</p>	<p><b>22</b> WW Toast w/ Jelly Fresh Fruit</p>	<p><b>23</b> WG Rice Chex Apricots  Cucumbers w/ Dip WG Oyster Crackers</p>	<p><b>24</b> WW Biscuits Pears</p>	<p><b>25</b></p>
	<p><b>27</b> <b>Memorial Day Centers Closed</b></p>	<p><b>28</b> WW Cinn/Raison Toast Pineapple  Fresh Veggies WG Cheez It Crackers</p>	<p><b>29</b> Bagels w/ Soy Butter Plums</p>	<p><b>30</b> WGCorn Chex Apricots</p>	<p><b>31</b> WW Eng Muffin w/Jelly Fruit Cocktail  Fresh Fruit Cheese</p>	



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## Lunch Menu

Sun



	<b>All lunches served with milk. Children ages two and above receive skim milk, children un-</b>		<b>1</b> Beef Stir Fry w/ Rice Stir Fry Vegetables	<b>2</b> Macaroni & Cheese w/Hot Dog Pieces Green Beans	<b>3</b> Minestrone Sp w/Beans Cheese Stick Baby Carrots WW Bread/Butter	<b>4</b>
<b>5</b>	<b>6</b> Not Fried Rice Refried Beans WG Tortilla	<b>7</b> Beef Stew w/Mixed Vegetables WW Dinner Roll/Butter Apricots	<b>8</b> Tomato Soup WW Grilled Cheese Sandwiches	<b>9</b> Chicken Pot Pie w/ Vegetables WW Bread/Butter	<b>10</b> Beef & Noodle Casserole Broccoli	<b>11</b>
<b>12</b>	<b>13</b> Scalloped Potatoes w/ Ham	<b>14</b> Chicken Lasagna Green Beans Soft WW Bread	<b>15</b> Sloppy Joes on WW Buns Mixed Vegetables	<b>16</b> Quiche Broccoli WW Bread/Butter	<b>17</b> Bologna WW Sndwh Cucumber Coins	<b>18</b> 
<b>19</b>	<b>20</b> Ziti Noodle Casserole w/ Beef Carrots Plums	<b>21</b> Tuna Melt on WW Bun Garden Peas	<b>22</b> Mexican Chicken & Rice Refried Beans	<b>23</b> Meatloaf Mashed Potatoes Mixed Vegetables	<b>24</b> Baked Ham Golden Corn WW Bread/Butter	
	<b>27</b> <b>Memorial Day</b> <b>Centers Closed</b>	<b>28</b> Fish Patty on WW Bun Oven Browned Potatoes Broccoli Fruit Cocktail	<b>29</b> Tator Tot Casserole Peas WW Bread/Butter	<b>30</b> Chicken Salad on WW Bun Celery Sticks	<b>31</b> Meatballs w/ Gravy Spiral Noodles	