







# Ebenezer



## March 2024 Breakfast/Snack Menu

CHILD CARE FROM THE HEART

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<p><b>All breakfasts served with unflavored milk. Children ages two and above receive skim milk, children under 2 receive whole milk.</b></p>				<p><b>1</b> Banana Muffins Apricots</p> <p>Lady Bug Apple w/ Pretzels</p>	<p><b>2</b></p>
<p><b>3</b></p>	<p><b>4</b> WW Waffles w/Syrup Applesauce</p> <p>Fruit w/ Yogurt WG Ritz Crackers</p>	<p><b>5</b> WG Kix Cereal Pineapple</p> <p>Turkey Roll Ups WG 100% Juice</p>	<p><b>6</b> WW Toast w/ Jelly Fresh Fruit</p> <p>Pumpkin Muffins Milk</p>	<p><b>7</b> WG Rice Chex Apricots</p> <p>Cucumbers w/ Dip Oyster Crackers</p>	<p><b>8</b> WW Biscuits Pears</p> <p>Cheese &amp; Saltine Crackers</p>	<p><b>9</b></p> 
<p><b>10</b></p>	<p><b>11</b> WG Toasted Oats Cereal Peaches</p> <p>WG Graham Crackers Milk</p>	<p><b>12</b> WW Cinn/Raison Toast Pineapple</p> <p>Fresh Veggies WG Cheez It Crackers</p>	<p><b>13</b> Bagels w/ Soy Butter Plums</p> <p>Bologna Sandwich Fruit Juice</p>	<p><b>14</b> WGCorn Chex Apricots</p> <p>Blueberry Muffins Milk</p>	<p><b>15</b> WW Eng Muffin w/Jelly Fruit Cocktail</p> <p>Fresh Fruit Cheese</p>	<p><b>16</b></p>
<p><b>17</b></p>	<p><b>18</b> Scrambled Eggs Pears</p> <p>Animal Crackers Milk</p>	<p><b>19</b> Crisp Rice Cereal Bananas</p> <p>Fruit &amp; Yogurt Saltine Crackers</p>	<p><b>20</b> Zucchini Bread Peaches</p> <p>Pretzels w/Cheese Dip Fruit Juice</p>	<p><b>21</b> Corn Flakes Mandarin Oranges</p> <p>Pizza Pocket Milk</p>	<p><b>22</b> WW French Toast Applesauce</p> <p>String Cheese Oyster Crackers</p>	<p><b>23</b></p>
<p><b>24/31</b></p> 	<p><b>25</b> Bran Flakes Pears</p> <p>Cheese Quesadillas WG Milk</p>	<p><b>26</b> WG Pancakes Applesauce</p> <p>WG Graham Crackers Fruit Salsa</p>	<p><b>27</b> Banana Muffins Plums</p> <p>Apples w/soy butter dip Milk</p>	<p><b>28</b> WW Cinnamon Toast Mixed Fruit</p> <p>Fresh Veggies w/Dip WG Ritz Crackers</p>	<p><b>29</b> No Cook Oatmeal Peaches</p> <p>Fresh Fruit WH Cheez-It Crackers</p>	<p><b>30</b></p>





# Ebenezer

CHILD CARE FROM THE HEART

## March 2024 Lunch Menu



Sun	Mon	Tue	Wed	Thu	Fri	Sat
 well hello, <b>march</b>			<b>All lunches served with milk.</b> <b>Children ages two and above</b> <b>receive skim milk, children</b> <b>under 2 receive whole milk.</b>		<b>1</b> Bologna WW Sndwh Cucumber Coins Baked Potato Chips Peaches	<b>2</b>
<b>3</b>	<b>4</b> Ziti Noodle Casserole w/ Beef Carrots Plums	<b>5</b> Tuna Melt on WW Bun Garden Peas Peaches	<b>6</b> Mexican Chicken & Rice Refried Beans Garden Salad Mandarin Oranges	<b>7</b> Meatloaf Mashed Potatoes Mixed Vegetables WW Bread/Butter Pineapple	<b>8</b> Baked Ham Golden Corn WW Bread/Butter Fresh Fruit	<b>9</b>
<b>10</b>	<b>11</b> Turkey Noodle Soup WW Cheese Sandwich Carrots Pears	<b>12</b> Fish Patty on WW Bun Oven Browned Potatoes Broccoli Fruit Cocktail	<b>13</b> Tator Tot Casserole Peas WW Bread/Butter Mandarin Oranges	<b>14</b> Chicken Salad on WW Bun Celery Sticks Apple Slices	<b>15</b> Meatballs w/Gravy Spiral Noodles Green Beans Peaches	<b>16</b>
<b>17</b>	<b>18</b> WW Bagel Pizza w/ Cheese Garden Salad Fresh Fruit	<b>19</b> Chicken & Broccoli Alfredo Carrots WW Bread Sticks Plums	<b>20</b> WG Beef Burrito Chips & Salsa Corn Fruit Cocktail	<b>21</b> Vegetable Soup WW Turkey Sandwich Assorted Crackers Apricots	<b>22</b> WW Bar-B-Q Beef Sandwich Broccoli Pineapple	<b>23</b> 
<b>24/31</b>	<b>25</b> WW Egg Salad Sdwh Cucumber Coins Baked Potato Chips Mixed Fruit	<b>26</b> Bean Soup String Cheese Mixed Vegetables WW Roll w/Butter Pineapple	<b>27</b> WW Tuna Salad Sdwh Green Beans Taco Chips Apricots	<b>28</b> Chicken Stir Fry w/ Rice Stir Fry Vegetables Mandarin Oranges	<b>29</b> Beef Loaf Mashed Potatoes Carrots WW Bread/Butter Plums	<b>30</b>